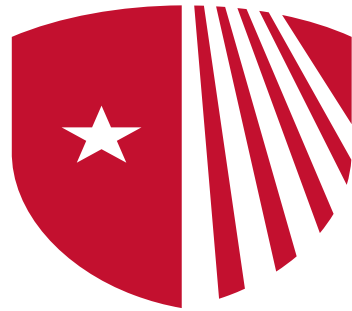




Stony Brook **Medicine**



# Stony Brook **Medicine**


A Pediatrician's Perspective on Hospital Management

Joseph H. Laver, MD, MHA

Chief Medical Officer

Professor of Pediatrics

May 17, 2015

A low-angle shot of the Statue of Liberty against a clear blue sky. The statue is green and holds a torch in its right hand and a tablet in its left. The text "Welcome to New York City" is overlaid in red.

Welcome to New York City





Stony Brook **Medicine**

MART AND HOSPITAL PAVILION











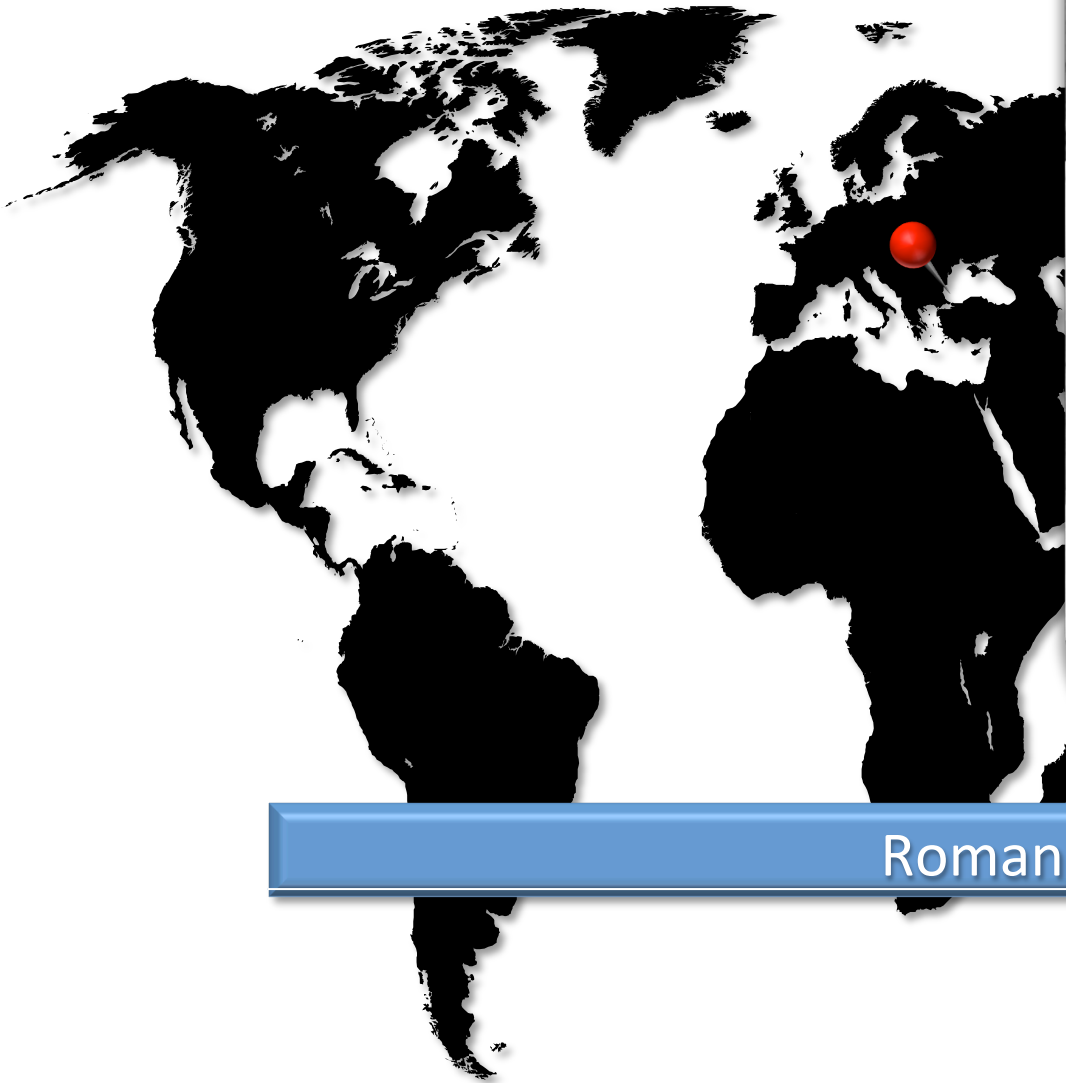
- Who am I?
- How to control cost?
- Why is it important to improve quality & safety?
- How do physicians fit in all this?
- Can we be optimistic about the future?



# A Life Spanning over Three Continents

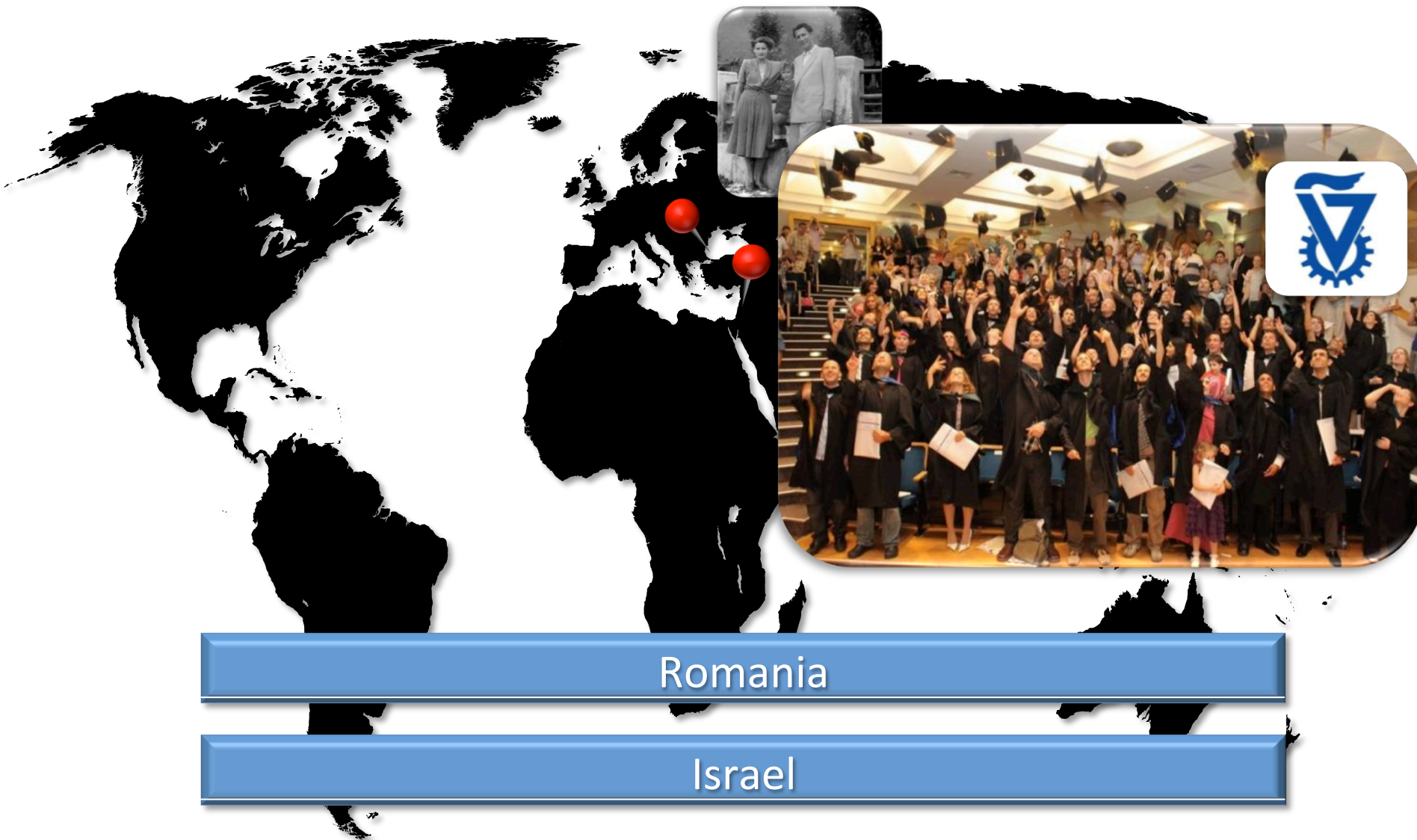






Romania

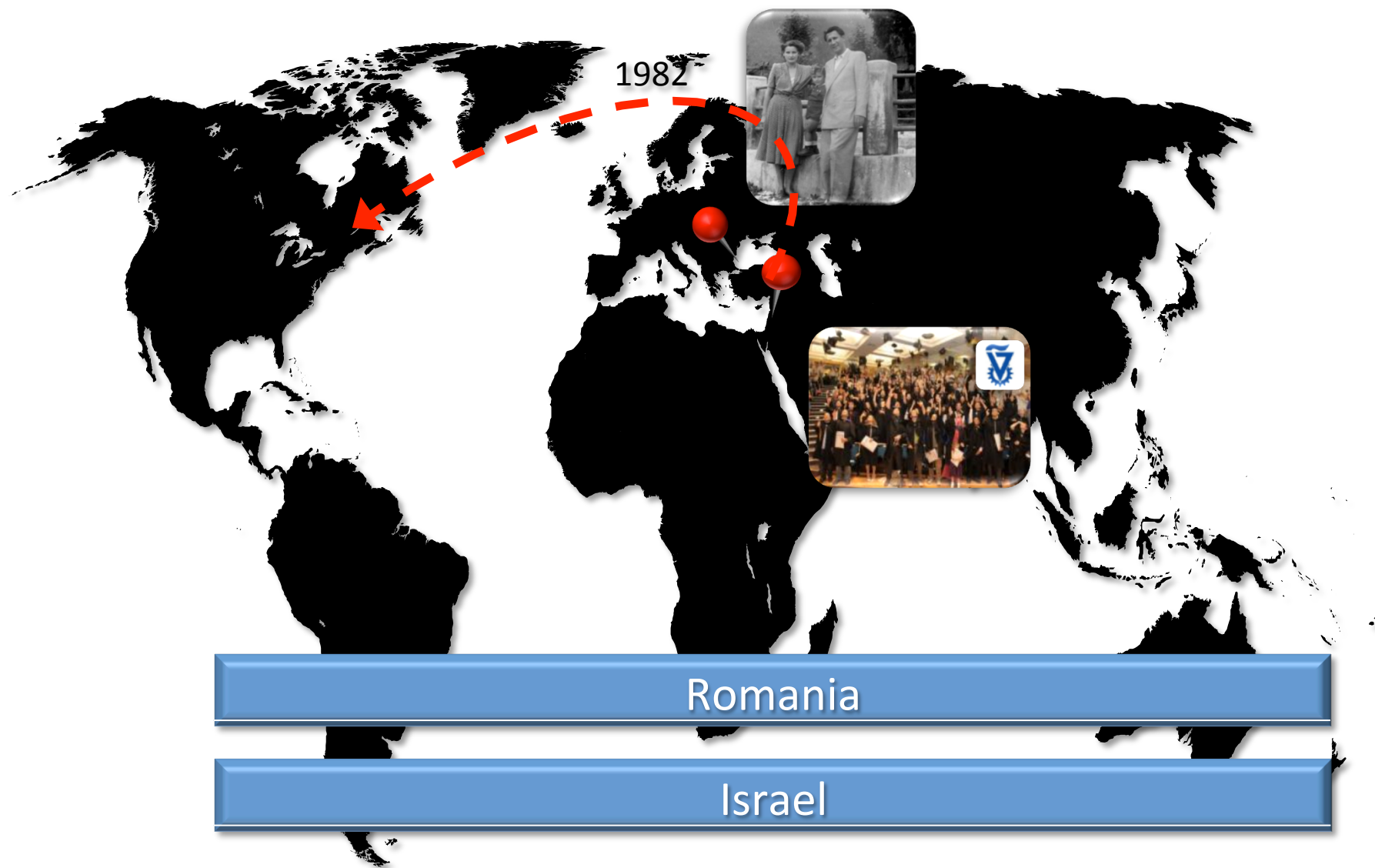




Romania

Israel



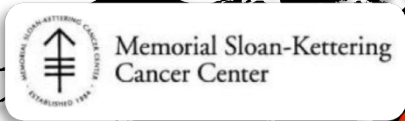


Romania

Israel







Romania

Israel

United States

# Faculty Positions



Memorial Sloan-Kettering  
Cancer Center

Attending Physician/Assistant Member,  
1985-1989



Cornell University



Director, Pediatric Hematology/Oncology and  
Professor of Pediatrics, 1989-2000



Jesse Ball DuPont Professor and Chairman  
Department of Pediatrics, 2000-2008



St. Jude Children's  
Research Hospital

ALSAC • Danny Thomas, Founder  
*Finding cures. Saving children.*

Clinical Director & Executive Vice President;  
Member & Endowed Chair, 2008-2013



Stony Brook **Medicine**

Chief Medical Officer 2013-present





- Who am I?
- **Why & how to control costs?**
- Why is it important to improve quality?
- How do physicians fit in all this?
- Can we be optimistic about the future?



***U.S. hospital costs are 70% higher but utilization is 30% lower than other developed countries***

	Percent of GDP	Real Annual Avg Growth Rates (%) 1970-2005	Inpatient Spending per Capita (U.S. \$ PPP)	Inpatient Acute Care Days per Capita
U.S.	15.3	4.4	\$1526	0.7
OECD Median	9.1	4.1 (2.3-6.8)	\$904	1.0 (0.4-2.1)





Price of Services (in US Dollars)	US	France	Switzerland
Routine Office Visit	89	23	64
Cost per hospital stay	15,734	3,396	4,566
Hip replacement surgery (hospital and physician)	38,017	11,353	17,521
Coronary Artery Bypass graft (hospital and physician)	67,583	16,140	25,486

Average US generalist, income = 5x average US worker.

Average US specialist, income = 10x average US worker.

Average OECD generalist, income = 2x average OECD worker.

Average OECD specialist, income = 2.7x average OECD worker.



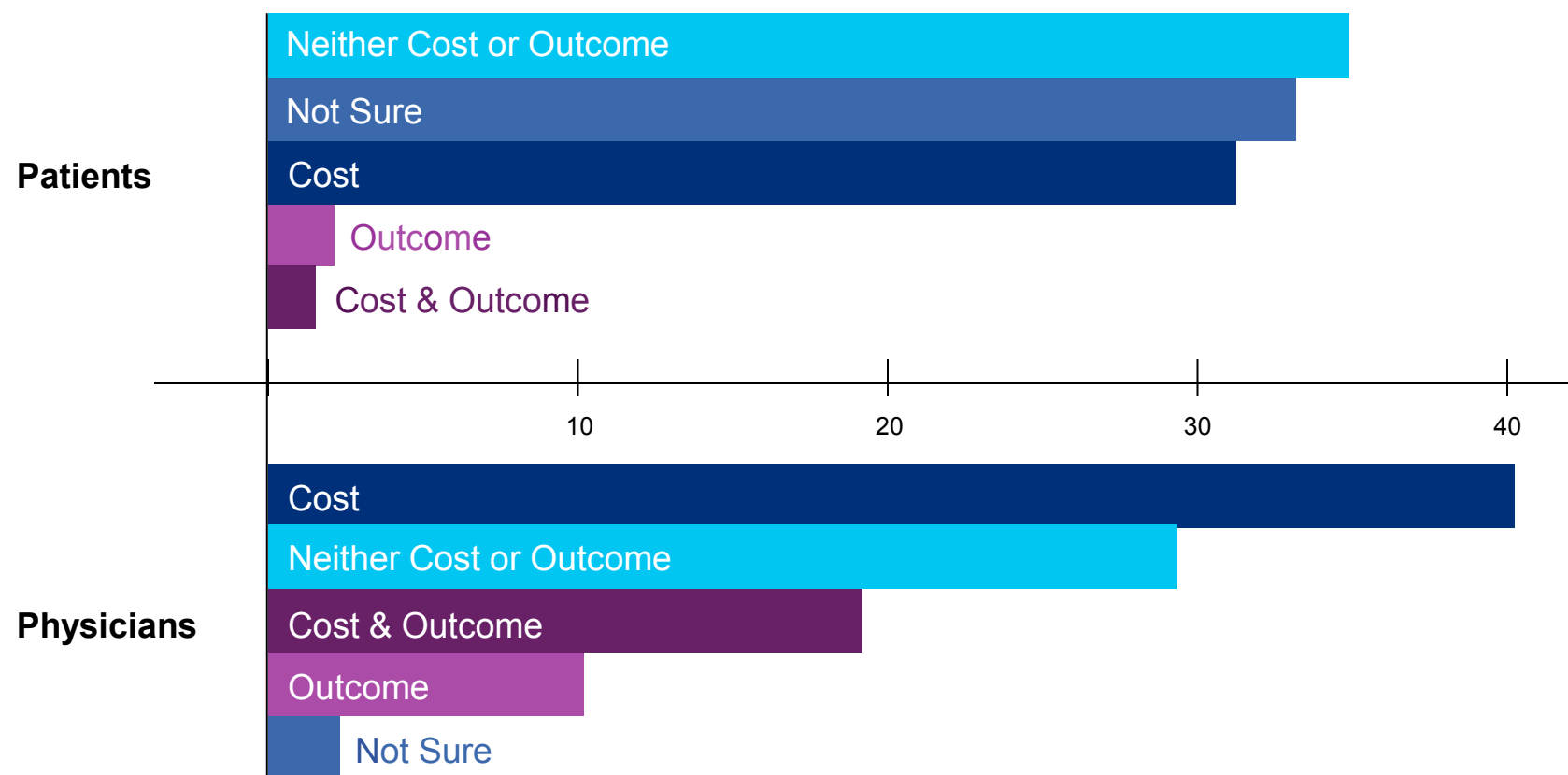
### **Technology Will Lower Costs and Increase Benefits of Care:**

1. Sustaining **long-term reductions** in the cost of care will **rely more on productivity** rather than efficiency
2. **Productivity strategies** will require **innovative** technology
3. Communication and information **technologies can play a major role in improving productivity**
4. The same **technologies** can be used to **raise the benefits** of care through **personalization, transparency, self service** and other mechanisms



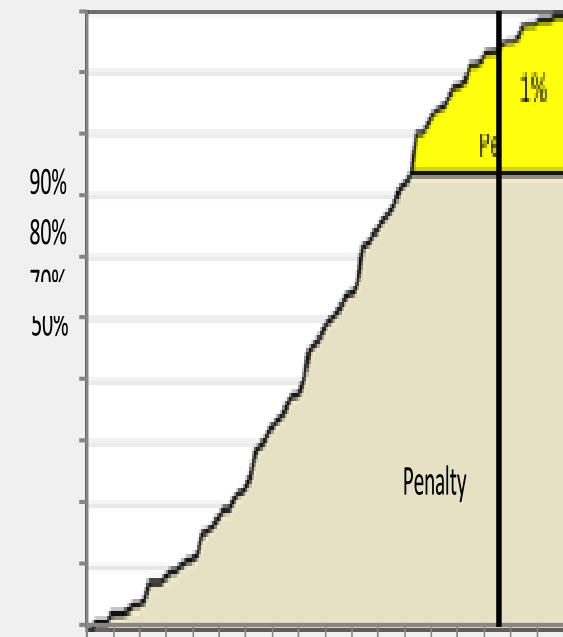


***“In your own words, how would you define “value” in healthcare?  
Please be specific.” (unaided response)***





		FFY 2013			FFY 2014			FFY 2015		
		Domain Weight	Domain Score	Percentile	Domain Weight	Domain Score	Percentile	Domain Weight	Domain Score	Percentile
	Domain 1 Score (PSI-90*)	Does Not Apply						35%	10.0	90th
	Domain 2 Score (CLABSI/CAUTI*)							65%	8.0	80th
Total HAC Score								8.7	95th	
75th Percentile Total HAC Score		Does Not Apply						7.00		
Receives 1.0% Reduction?								Yes		
Estimated Annual Impact								(\$1,733,251)		



- Under HACRP, hospital payments are reduced by 1.0% if hospital-specific performance on specified HAC measures grouped into domains fall within the 75th percentile (bottom 25%) of national performance.
- The table displays hospital-specific domain scores, percentile performance (100th=worst), the Total HAC Score, whether the hospital falls above the 75th percentile, and the estimated annual dollar impact for the program year. The graph displays the hospital's Total HAC Score in relation to the penalty quartile.

# Size and Scale of Available Technology will be Far Beyond Anything Comprehended or Utilized to Date

## BIG DATA

### PERSONAL SOCIAL

- Quantity and Velocity
- Data Supply Chain vs. Data Lake
- Hyperscale Hardware
- Internet of Things

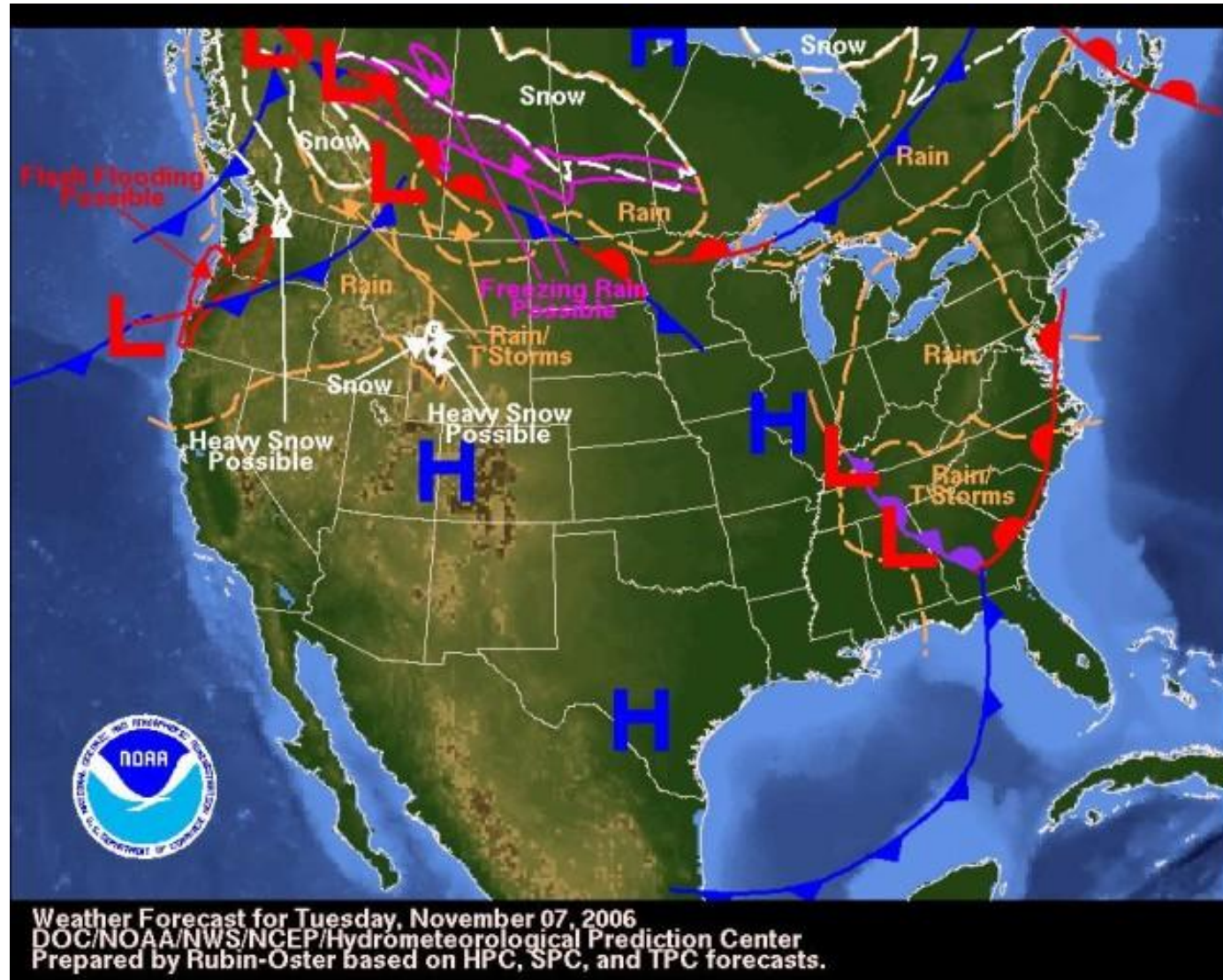
In 2017, the equivalent of all movies ever made will cross the global internet every 3 minutes



Source: Accenture Technology Trends 2014 ;  
Cisco VNI Global Mobile Data Traffic Forecast 2013 – 2018 ( January 2014)



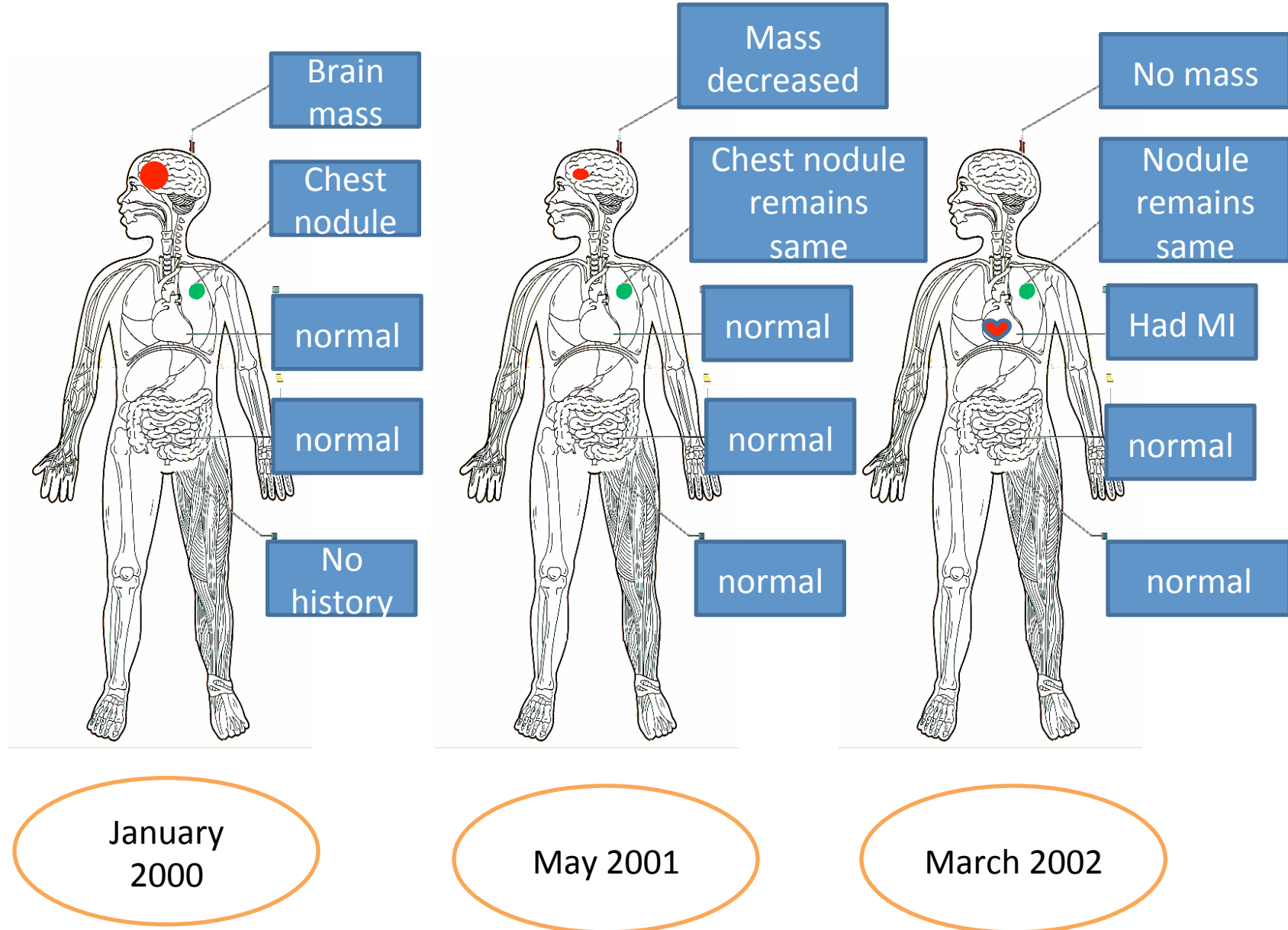
# Challenge: Turn EMR into a simple Visual



## Simple self-explanatory visual



# Visualization of EMR

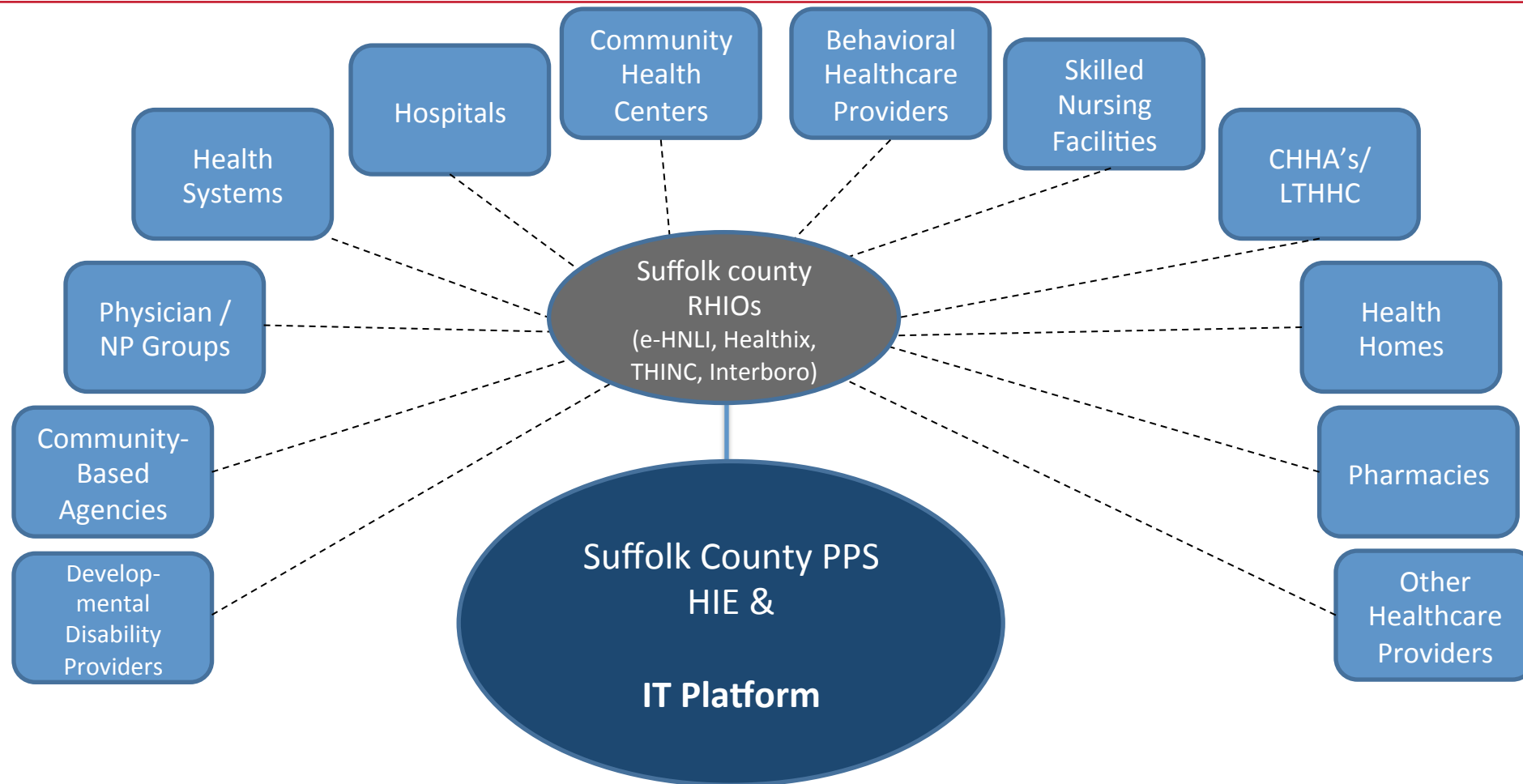






## Population Health & Hospital

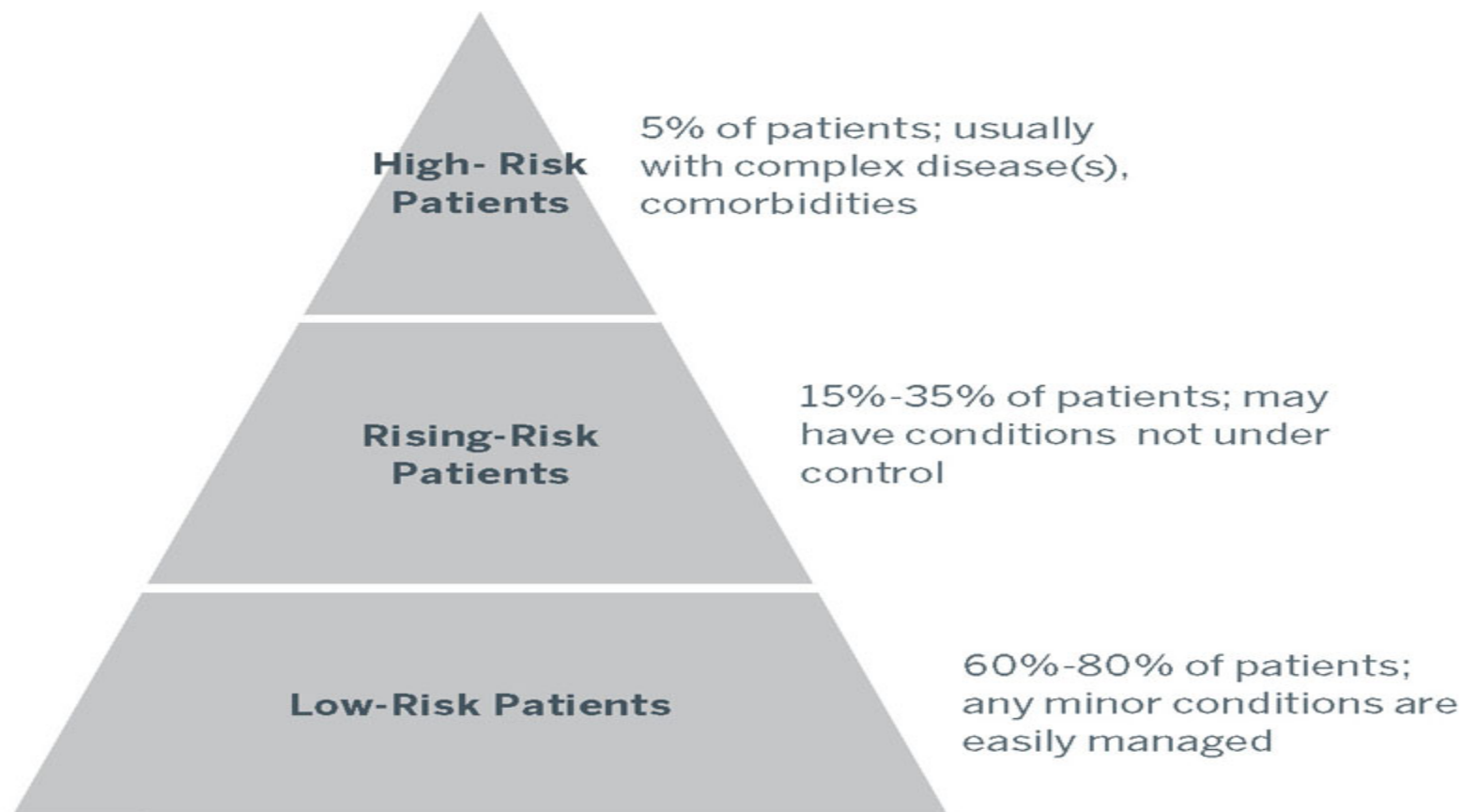
- Sharing data across all points of care is only way to provide coordinated care
- Data access becomes critical for patients, families, doctors, staff
- Mobile applications become more important and essential





## Target Three Types of Patients

Segment Care Management Models Based on Patient Care Needs

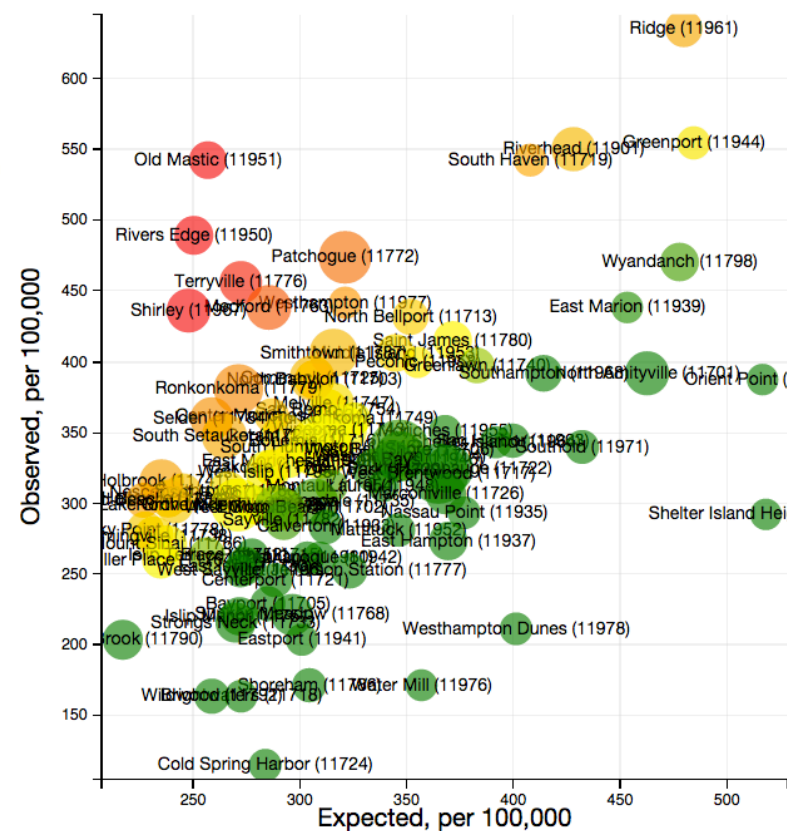
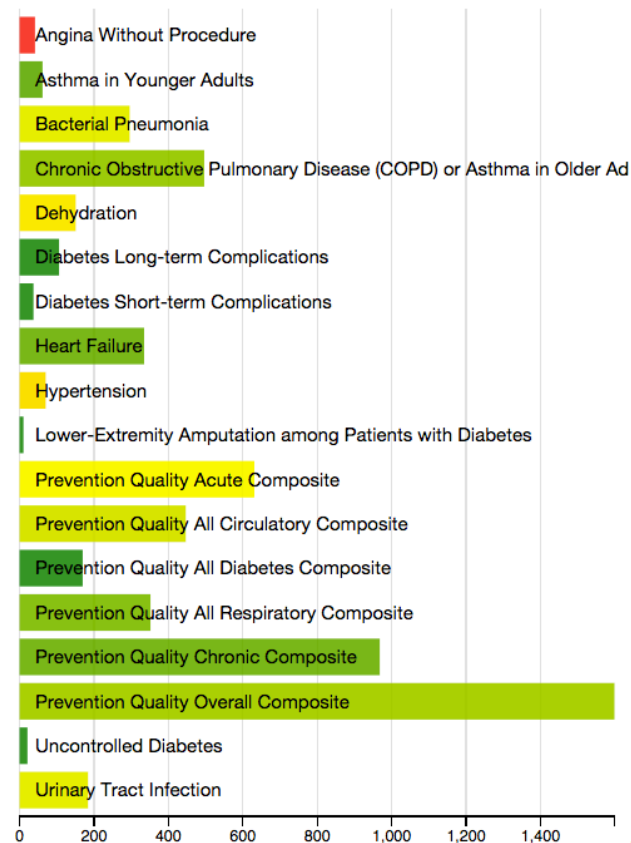






## Population Health Statistics

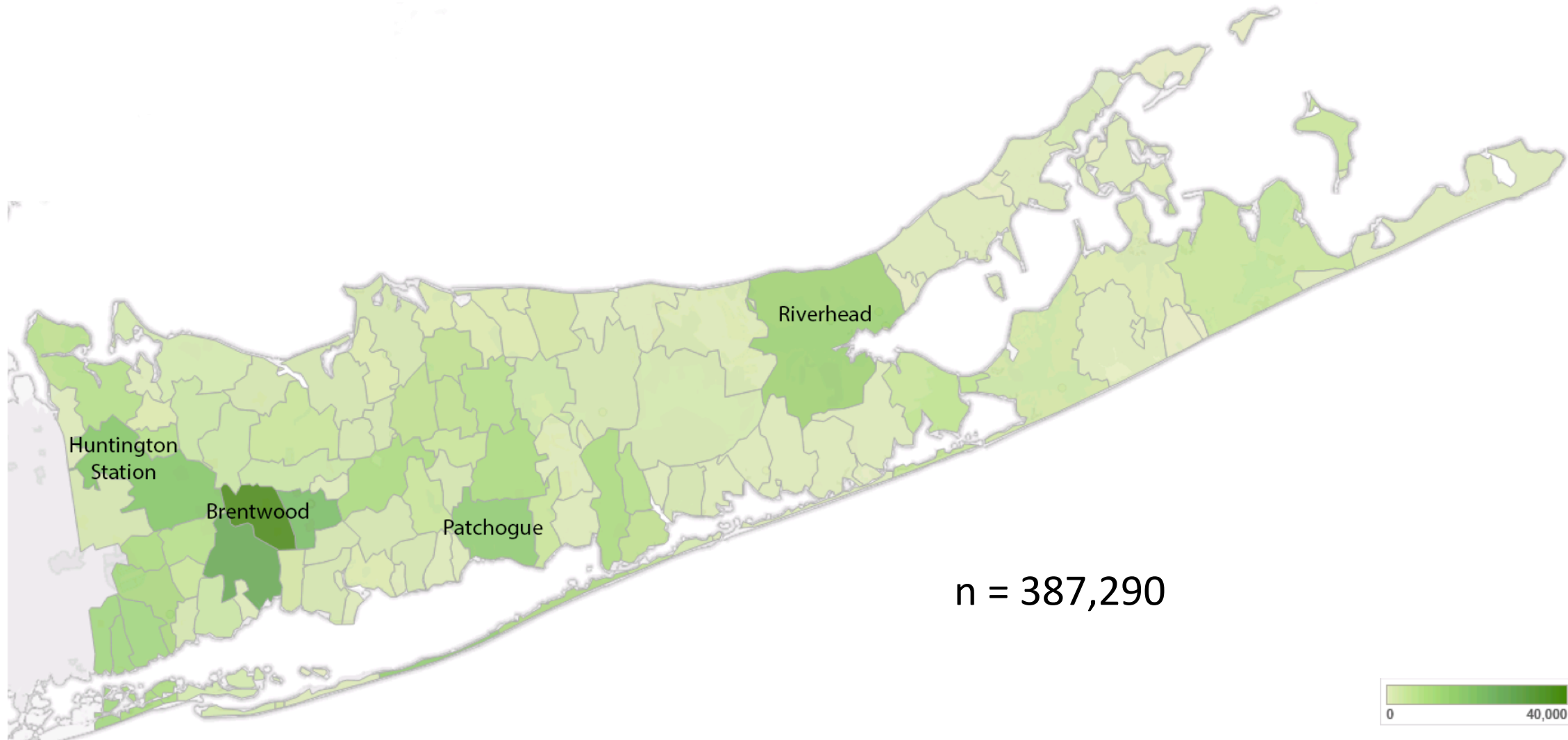
- The county of residence in USA means a 14-year difference in life expectancy
- On the Blue Washington DC subway route, there is a 9-year difference in life expectancy between downtown and Fairfax, Virginia
- Rheumatoid arthritis & DM associated with living close to highly traveled roads



Observed / expected **tabulate** ☒ keep updated

	Angina Without	Asthma in Younger	Bacterial Pneumonia	Chronic Obstructive Pulmonary Disease (COPD) or Asthma in	Dehydration	Diabetes Long-term	Diabetes Short-term	Heart Failure	Hypertension	Lower-Extremity Amputation among	Prevention Quality Acute	Prevention Quality All Circulatory	Prevention Quality All Diabetes	Prevention Quality All Respiratory	Prevention Quality Chronic	Prevention Quality Overall	Uncontrolled Diabetes	Urinary Tract
--	----------------	-------------------	---------------------	---	-------------	--------------------	---------------------	---------------	--------------	----------------------------------	--------------------------	------------------------------------	---------------------------------	------------------------------------	----------------------------	----------------------------	-----------------------	---------------

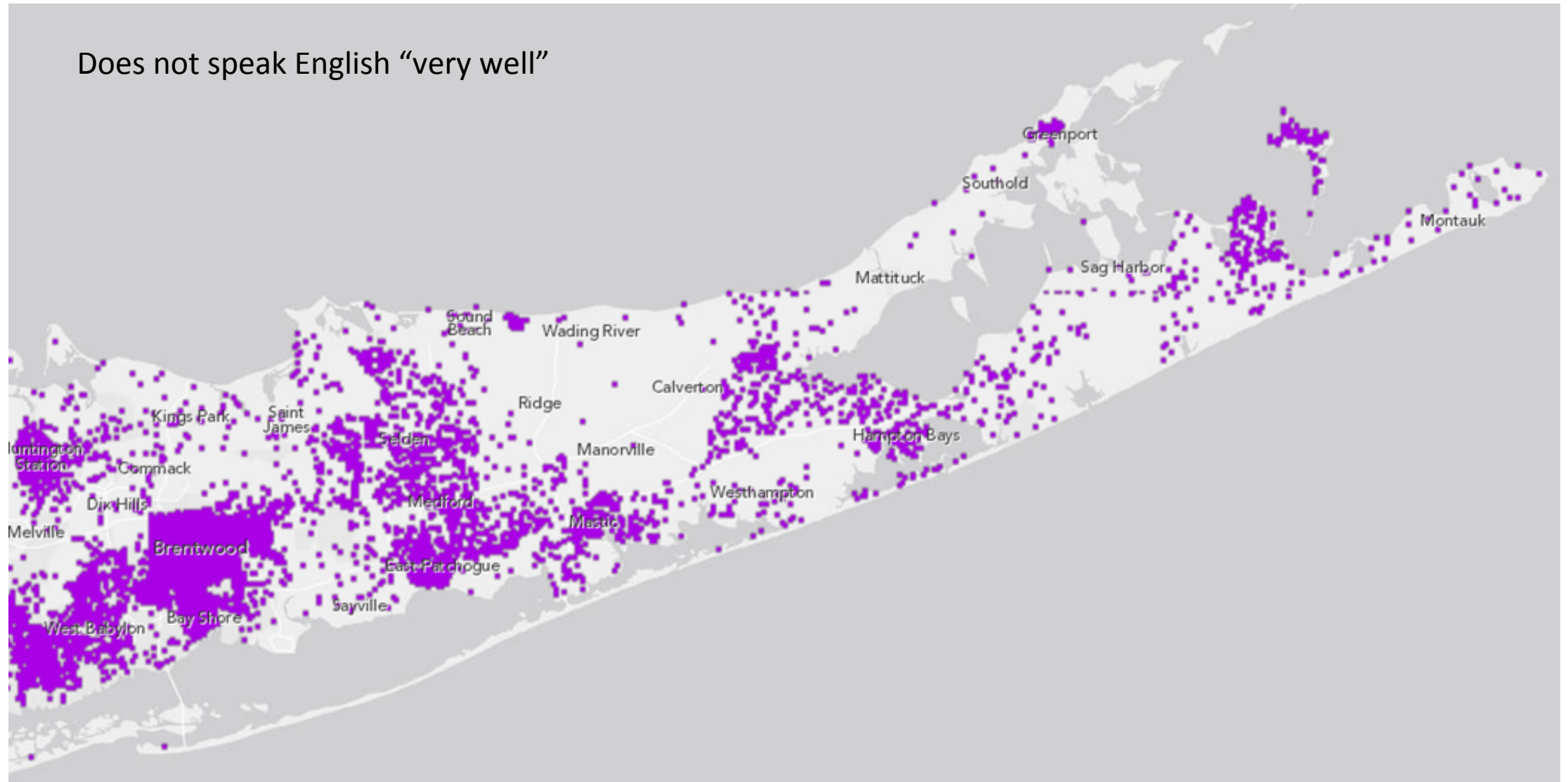
# Hot Spot Map: Medicaid and Uninsured in Suffolk County





# Hot Spot Map: Spanish Speakers Suffolk County

Does not speak English “very well”





ESSAY  
Hooking-Up at an  
Affirmative-Consent  
Campus? It's Complicated



IT'S THE ECONOMY  
Can You Uber a Burger?



When Women Become  
Men at Wellesley



Cristela Alonzo Wants to  
Make America Laugh



How Billionaire Oligarchs  
Are Becoming Their Own  
Political Parties



The Beggar

MAGAZINE

29 COMMENTS

# Can Big Data Tell Us What Clinical Trials Don't?

OCT. 3, 2014

Eureka

By VERONIQUE  
GREENWOOD

Email

Share

Tweet

Pin

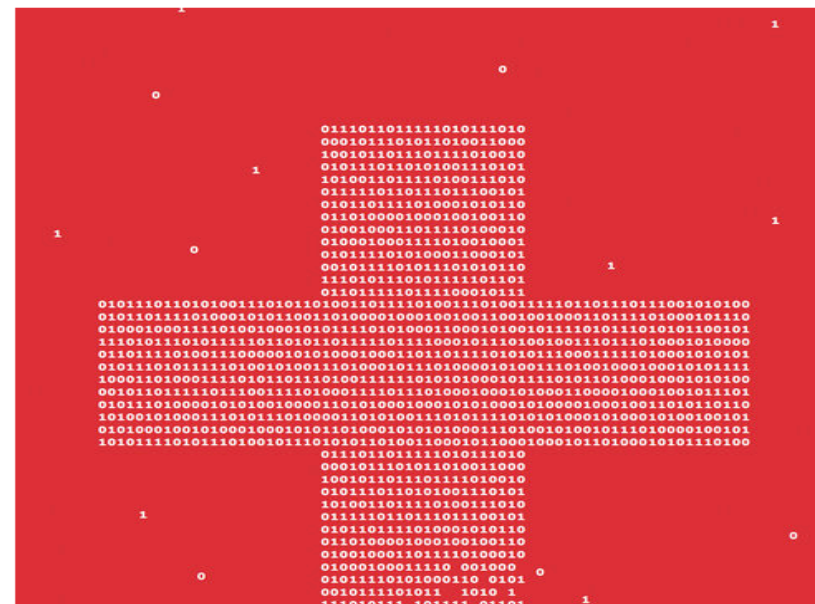
Save

More



When a helicopter rushed a 13-year-old girl showing symptoms suggestive of kidney failure to Stanford's Packard Children's Hospital, Jennifer Frankovich was the rheumatologist on call. She and a team of other doctors quickly diagnosed lupus, an autoimmune disease. But as they hurried to treat the girl, Frankovich thought that something about the patient's particular combination of lupus symptoms — kidney problems, inflamed pancreas and blood vessels — rang a bell. In the past, she'd seen lupus patients with these symptoms develop life-threatening blood clots. Her colleagues in other specialties didn't think there was cause to give the girl anti-clotting drugs, so Frankovich deferred to them. But she retained her suspicions. "I could not forget these cases," she says.

Back in her office, she found that the scientific literature had no studies on patients like this to guide her. So she did something unusual: She searched a database of all the lupus patients the hospital had seen over the previous five years



# Consumers Demand Technology Becomes Highly Personalized and Available on Their Terms

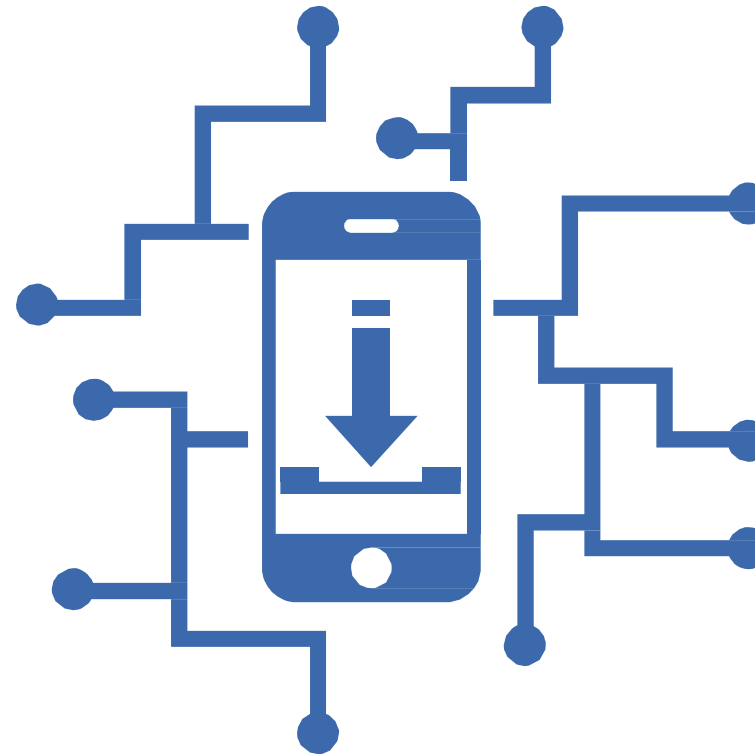
BIG

**PERSONAL**

SOCIAL

- **Context Aware**
- **Augmented**
- **Digital**

By 2018, there will be 5 billion global mobile users and 10 billion mobile-ready devices and connections



Source: Accenture Technology Trends 2014 ;  
Cisco VNI Global Mobile Data Traffic Forecast 2013 – 2018 ( January 2014)

# Social Tech Extending Beyond Status Updates to Content Creation, Self Service and Behavioral Change

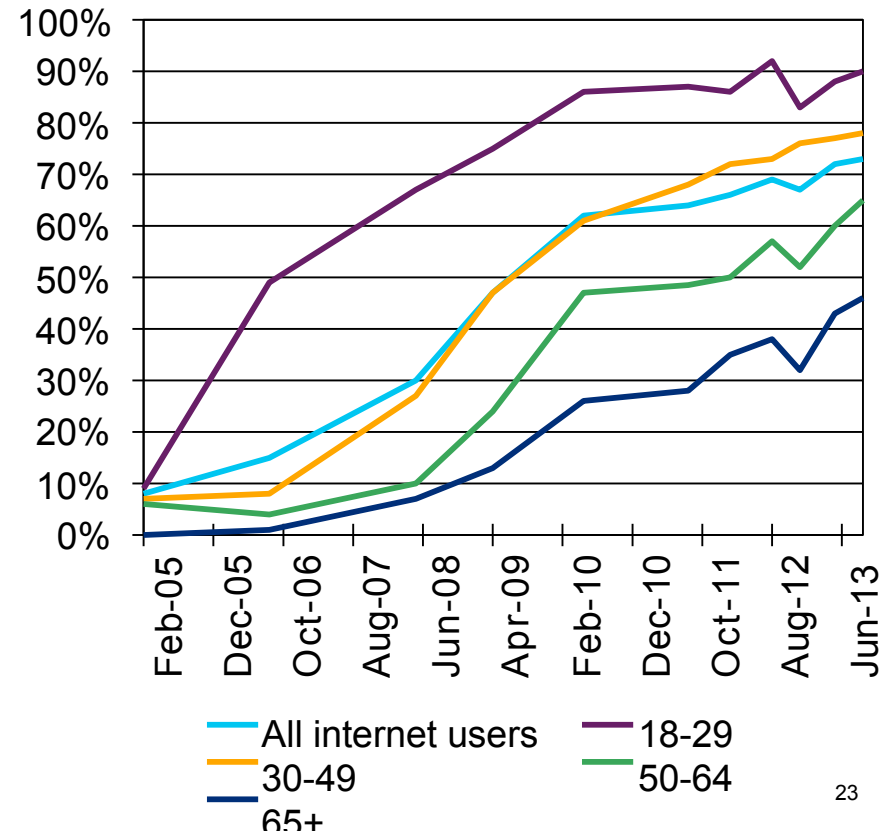
## BIG PERSONAL SOCIAL

- Community
- Self-Organization
- Crowd Source Content
- Workforce

Source: Accenture Technology Trends 2014;  
Pew Research Internet Project 2013

### Social networking site use by age group, 2005-2013

(% of Internet users in each age group  
who use social networking sites, over time)







- Who am I?
- What's next to control costs?
- **Why is it important to improve quality and safety?**
- How do physicians fit in all this?
- Can we be optimistic about the future?



➤ **Because it is the right thing to do:**

1. For patients
2. Providers
3. Payers

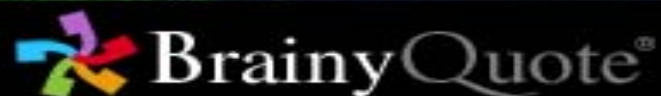


Stony Brook **Medicine**



**Perfection is not attainable,  
but if we chase perfection  
we can catch excellence.**

*Vince Lombardi*





**SAFETY &  
QUALITY**  
***OUR TOP  
PRIORITIES***

**SAFETY  
REQUIRES  
TEAMWORK**  
***BE PART OF  
OUR TEAM!***

- The people responsible and accountable for maintaining Quality on the front end will interact with the quality data reports (e.g.: **NHIQM**) program on a continuing basis
- **Data** will inform the processes, so changes can be made in real time
- **NMs, Physician Leads** and **Quality staff** will interact with each other to make changes and achieve compliance

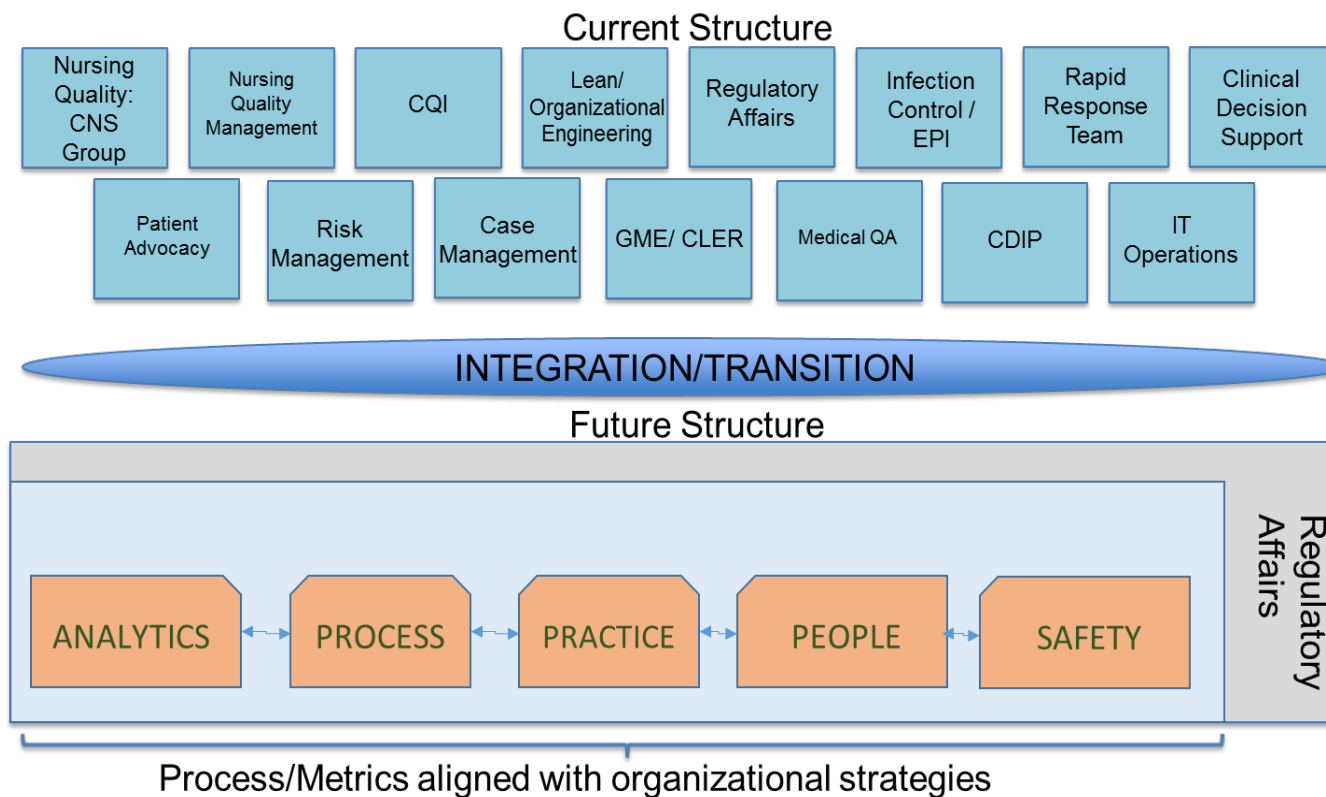


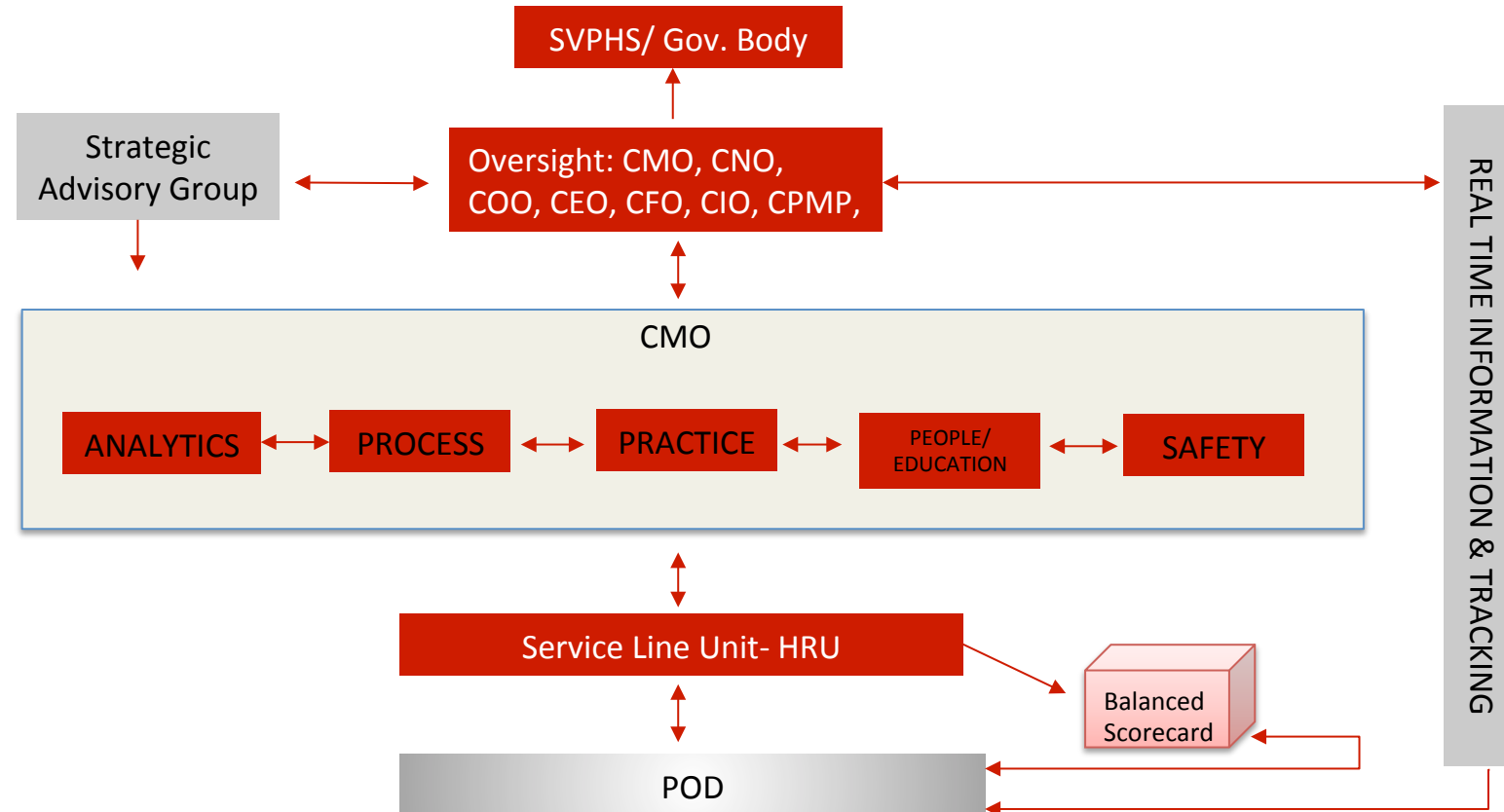


- Big **Q**= Best medical care delivery with best possible health outcomes.
- Become top 10 on the UHC list in Safety and Accountability in 5 years (10-20 points/year).



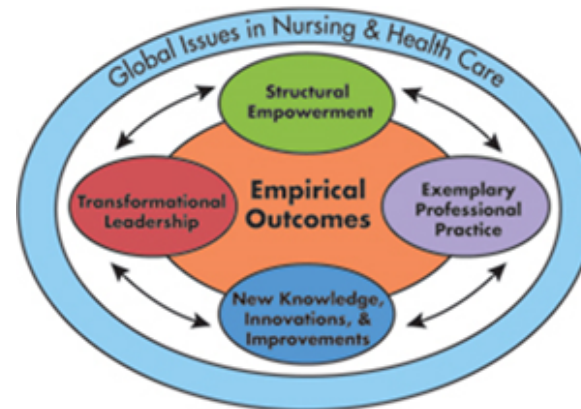
## INTEGRATION OF CURRENT STRUCTURE INTO 5 FUNCTIONAL GROUPS







From Baldrige Performance Excellence Program, 2013, 2013-2014 Health Care Criteria for Performance Excellence (Gallatinburg, MD: U.S. Department of Commerce, National Institute of Standards and Technology, 2013).



Malcolm Baldrige National Quality Award	ANCC Magnet Recognition Program	Big Q
Leadership and Strategic Planning	Transformational Leadership and Structural Empowerment	Strategic Advisory and 5 Functional Groups
Measurement, Analysis, Knowledge Management	New Knowledge, Innovations, and Improvements	Analytics, Process, Practice
Workforce Focus	Exemplary Professional Practice	Workforce Engagement and People
Process Management	Exemplary Professional Practice , Empirical Outcomes	Process
Results	Empirical Outcomes	Ideal Patient Experience





- Do not harm me (patient safety group)
- Cure me and alleviate my suffering (process and practice group)
- Treat me with respect (analytics and practice)
- Do not let me wait/get me to the right place (analytics, process)
- Keep me well (work force engagement, process)



CURRENT	FUTURE
Structure by roles	Designed for function
Perpetuates silo-type work	Inter-professional shared governance
Driven by outcomes and old data	Informed by real time data, focusing on both key processes and outcomes
Cross service ambiguity regarding authority, responsibility, and ownership	Framed by known models of success
Limited buy-in at the unit level	Streamlined to support service lines and units
Directed versus supported work	Supports unit-based focus on the Stony Brook brand promise of the ideal patient experience
Not linked to overall organizational changes	Hinged to other structural changes in the organization



# **FEEDBACK & RISK**

Improving Patient Safety, Service Recovery  
and Risk Management



## **RL6 Risk = SB SAFE**

- Endorsed by AHA, 1500 clients include Presbyterian, MSK, Cleveland Clinic
- SBUH already utilizes Claims Management & Patient Feedback modules
- Product review by physicians, nurses, pharmacists, IT staff, Risk & Quality Management, CMO, Regulatory & Safety AD, DIO
- Quick entry mode < 5 minute entry on one page using UHMC sign on
- Report creation with drill down capability
- Customizable email alerts (VIP, fall risks, readmits)
- Links to patient, staff directories, hospital formulary
- Patient Safety Organization linkages to Best Practice data

## **RL6 Peer Review**

- Stores peer review data in one place, offers secure, role-based user access, distributes sensitive files, sends review invites/notifications, documents results





Ease of Report Submission and Manager follow up

Feedback to Users subsequent to report submission

Ease of Report Creation with Drill Down capability

Comprehensive Software Module Integration

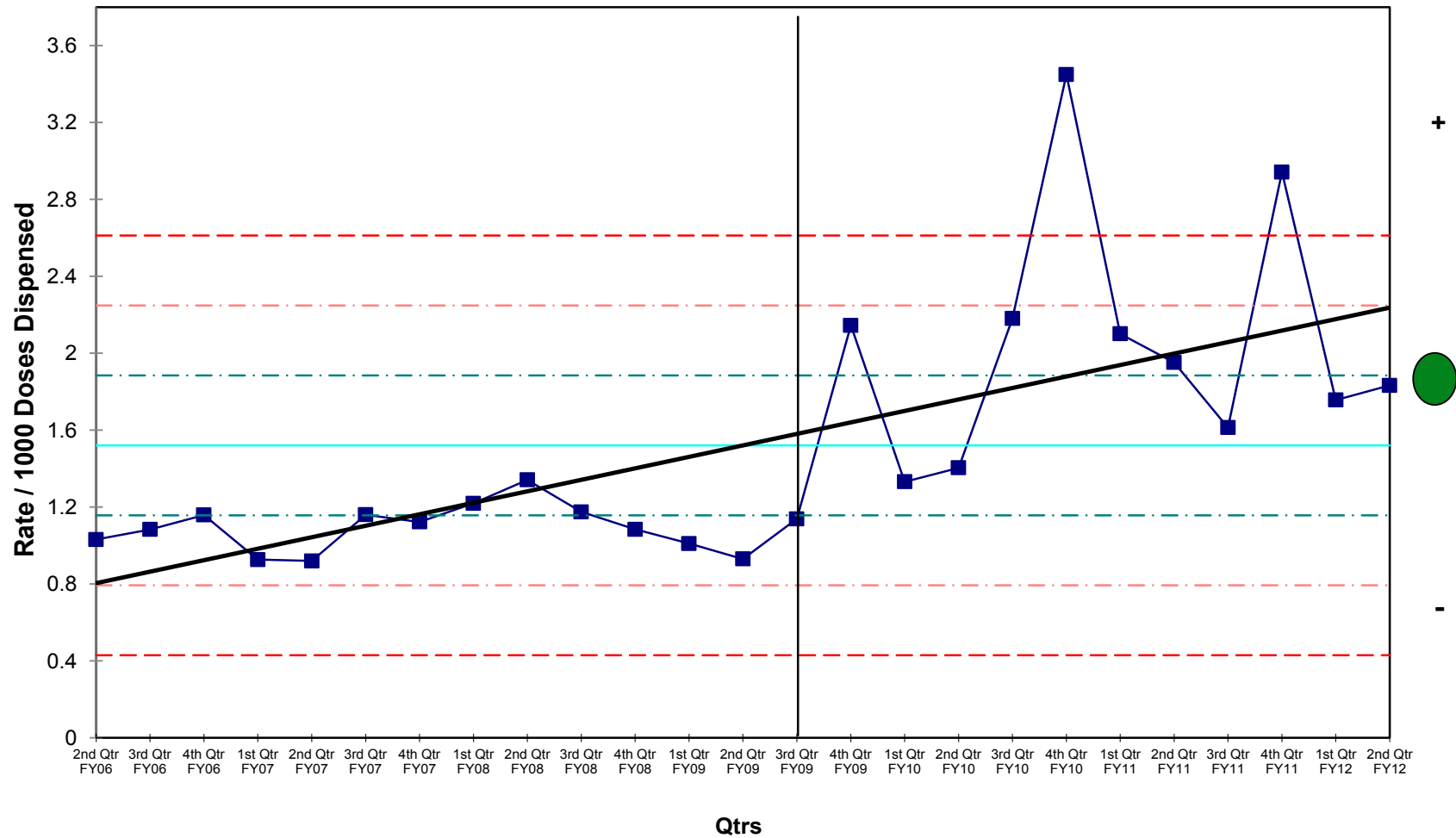
Trending, Analysis and Dissemination of Data and Report results

Programmatic acceptance, sustainability and resources are essential to identify opportunity, understand and improve Patient Safety



## Reported Medication Variances per 1000 Doses Dispensed

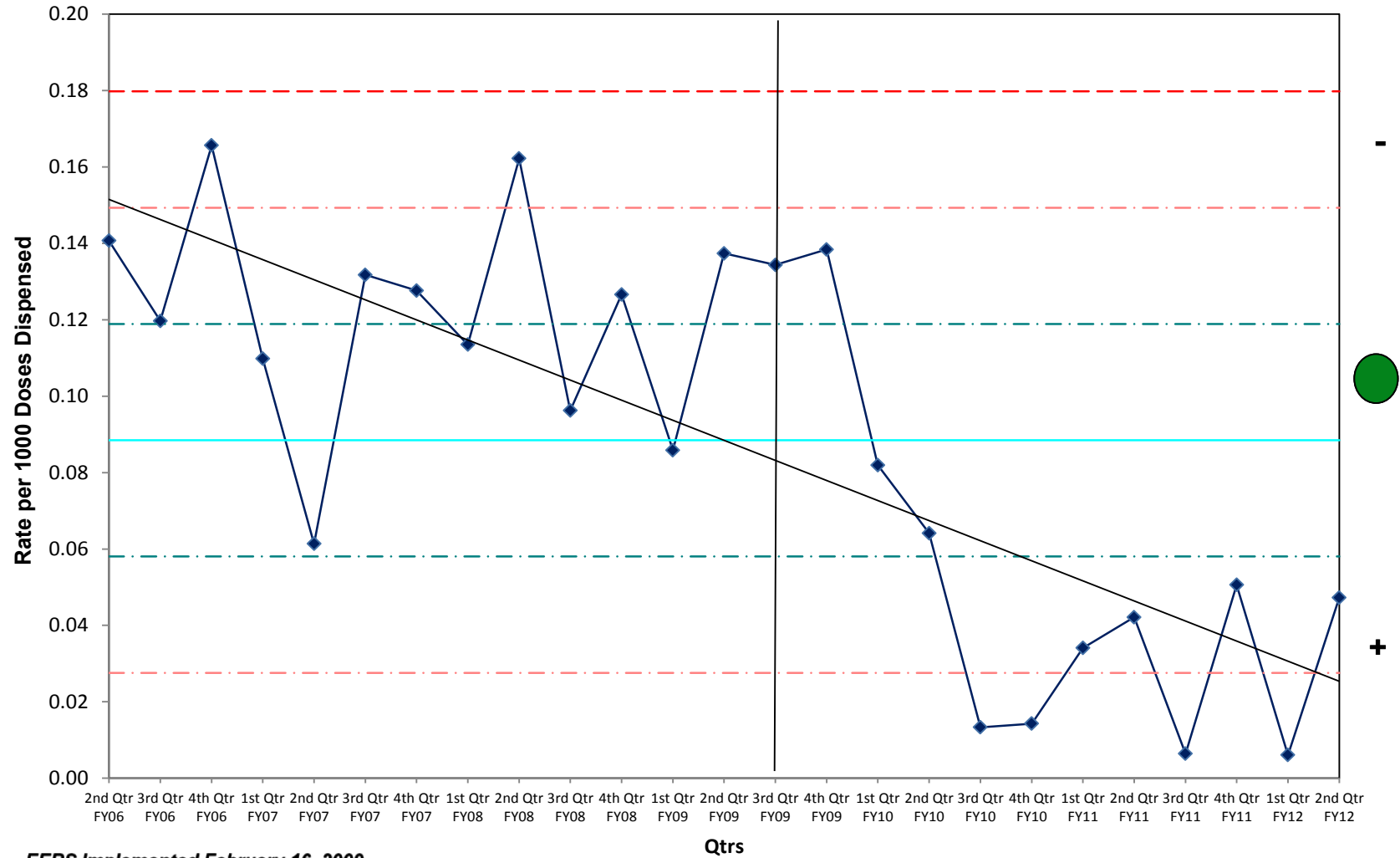
$R^2 = 0.4609$



EERS Implemented February 16, 2009

## Reported Medication Variance that Effect the Patient Severity Level E or Greater

$R^2 = 0.5759$



**EERS Implemented February 16, 2009**



- Who am I?
- What's next to control costs?
- Why is it important to improve quality?
- **How do physicians fit in all this?**
- Can we be optimistic about the future?





## **Leaders are often chosen primarily for characteristics that have little or no correlation with a successful tenure as leader:**

- Examples of such include a long bibliography, scientific eminence, institutional longevity, ready availability, a willingness to not “rock the boat” or to accept inadequate resources.
- It is surprising how often management skills, interpersonal skills and experience are undervalued. One should ask what critical skills are absolutely essential for that role at that time in that particular settings.

*Simone's Maxims, 1999*



- The purely clinical chair (“do not blind me with science”)
- The MD/Scientist chair- focused on cells
- The business oriented chair- building programs\*
- The “clueless” dean- not a clinician nor a scientist
- The leader with no clinical experience making clinical decisions...



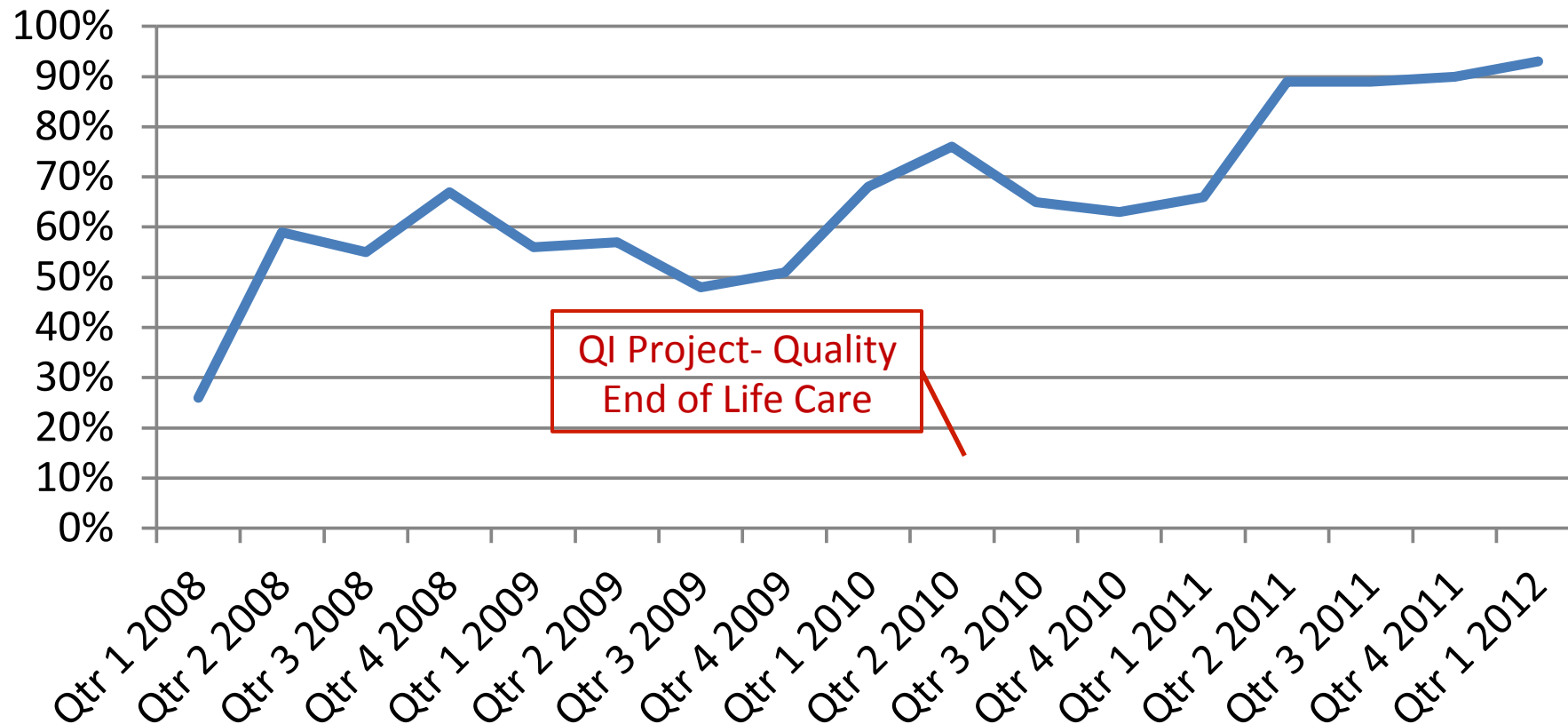
- Implementing evidence-based practices and reducing variability within similar services.
- Lack of physicians' involvement and leadership in quality projects and their lack of buying in.
- Developing a cadre of physicians interested in moving the needle (quality “champions”).
- Exciting initiatives; for instance, the expansion of Palliative Care.



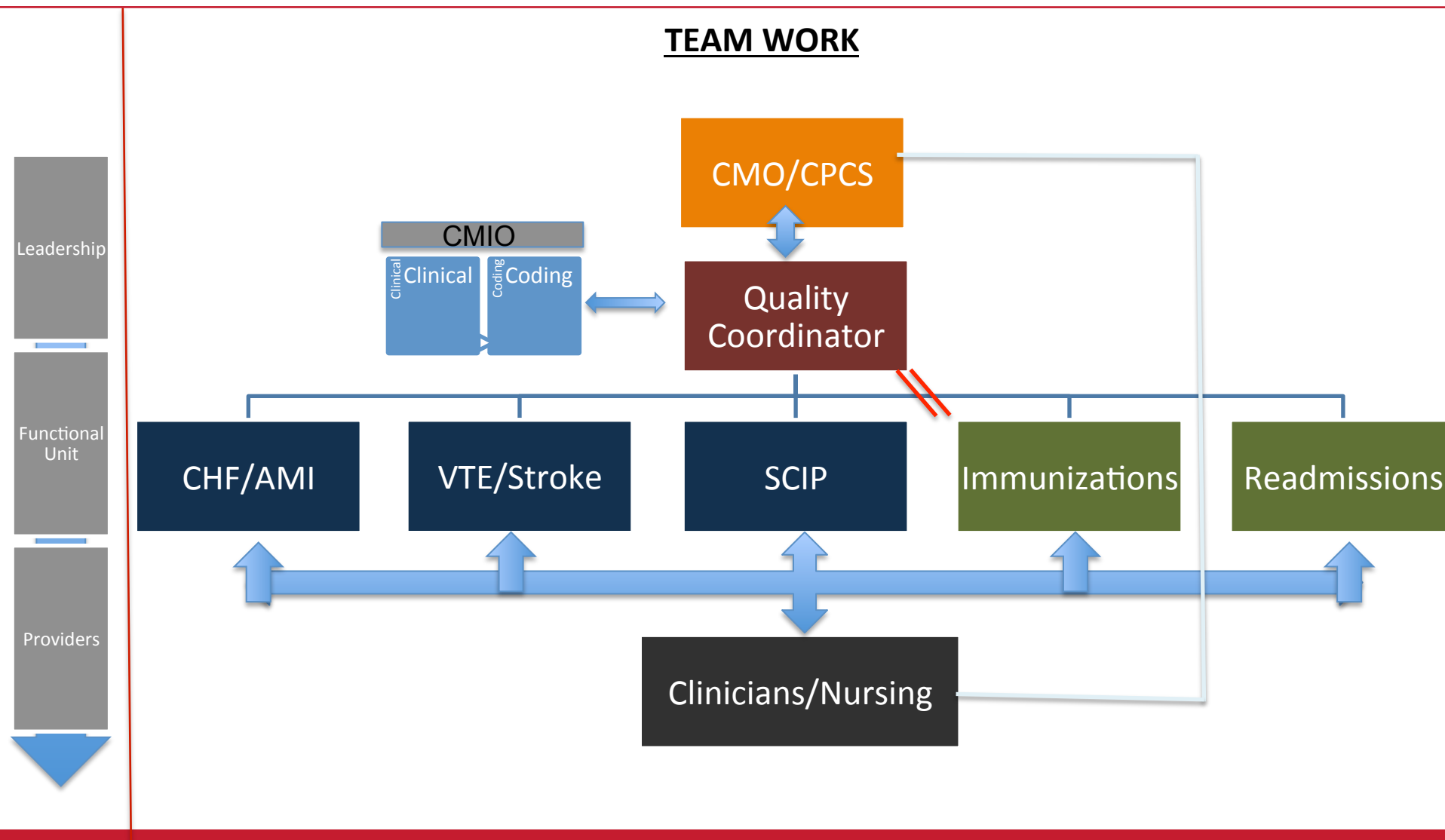
- Patients needing service were seen in approximately 25% of instances in 2008
- In three years, nearly 95% of patients were seen by the service



## Quality of Life Service and/or Hospice Involvement for St. Jude Patients Who Died









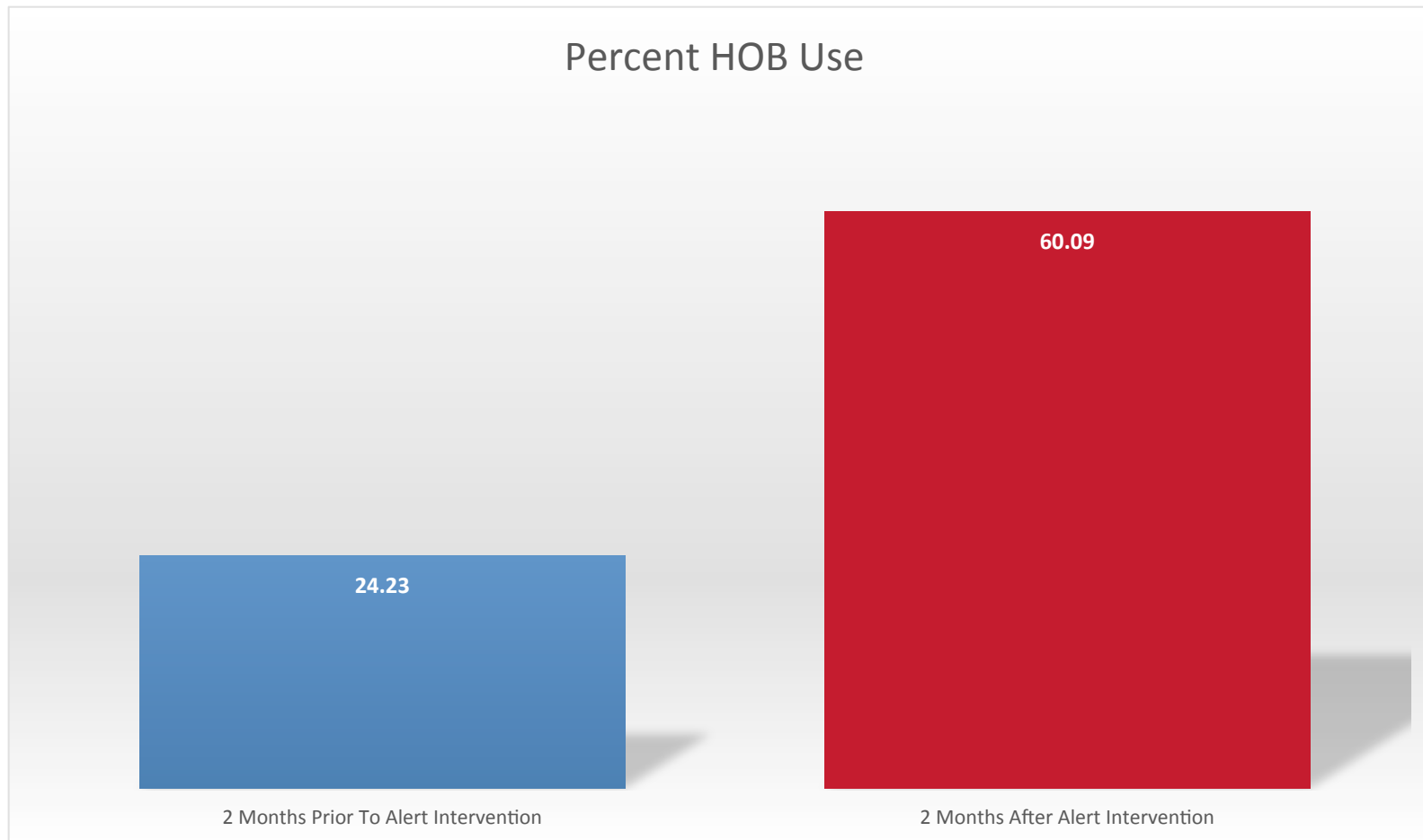
## **30 Day Readmission Rule was Implemented November 25, 2014**

**Purpose:** Improve utilization of Hospital Observation (HOB) on patients readmitted to the hospitalist service in less than 30 days of discharge.

**Intervention:** Creation of an alert which prompted ED physicians to contact the hospitalist service to evaluate and disposition patients who are potential 30 day readmissions.

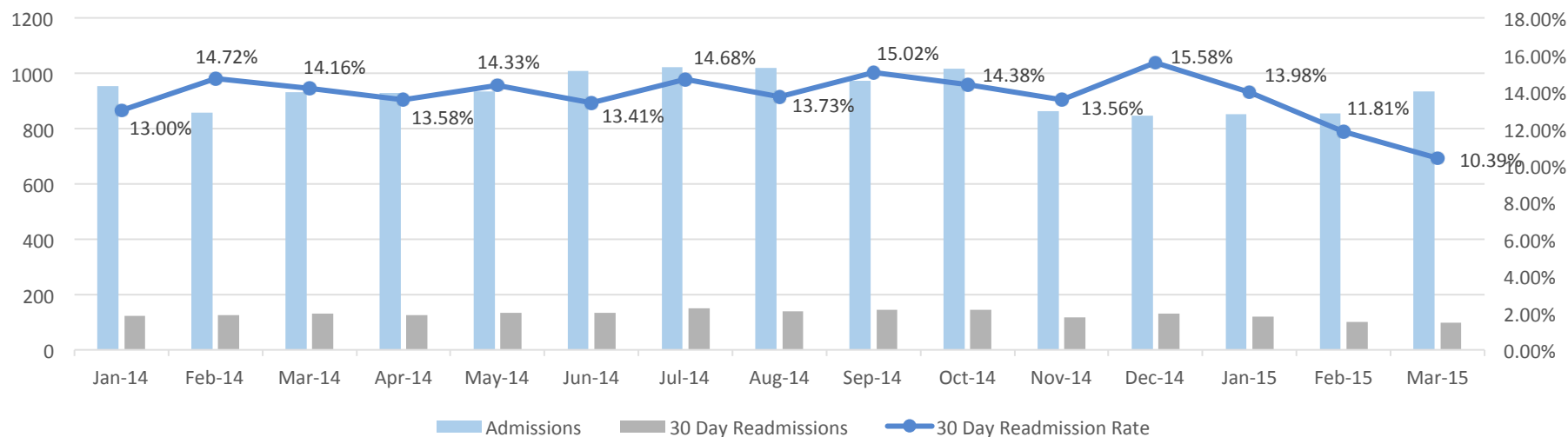
### **Results:**

1. Reduction in the number of inpatient admissions on patients presenting to the ED within 30 day of discharge
2. Increase in the number of patients put in hospital observations on patients presenting to the ED within 30 day of discharge
3. Increase in the number of patients put on HOB and discharged **WITHOUT** admission



Every patient that is put on HOB represents an opportunity to prevent an admission

**Stony Brook Medicine Rate of Readmission per Admission (Medicare Only)**  
**January 2014 - February 2015**



Please note that this information is subject to change. The information provided is current state and may change depending on status changes and final coding. Please contact the Department of Care Management for any additional information regarding this clause.



Van Halen's standard performance contract contained a provision calling for them to be provided backstage with a bowl of M&Ms from which all the brown candies have been removed.





# Stony Brook Medicine

Research

Educational Activities

HCAHPS

Mortality Review

UHC Data

Registry Data

Boards

CPMP Survey

Compliments/Complaints

Peer Review

OPPE  
Data  
Mart

Stony Brook Medicine | Dashboard Portal

Home  
Stony Brook Medicine Organizational Goals  
Stony Brook Medicine Quality and Safety  
Executive Leadership  
Patient Experience  
Departments (clinical/SOM)  
Nursing  
Patient Care Units  
Ambulatory Care  
Help

Dean's Dashboard

Gynecology Dashboard  
Medicine Dashboard  
Neurology Dashboard  
Obstetric Dashboard

Orthopedics Dashboard  
Otolaryngology Dashboard  
Surgery Dashboard  
Urology Dashboard

Ongoing Professional Practice Evaluation

Gynecology Dashboard  
Medicine Dashboard  
Neurology Dashboard  
Obstetric Dashboard

Orthopedics Dashboard  
Otolaryngology Dashboard  
Surgery Dashboard  
Urology Dashboard

Finance (contract negotiations / at risk contracts)

Stony Brook Medicine public website to display HCAHPS and other publicly reported quality measures



***“The future ain’t what  
it used to be.”***

***- Yogi Berra***

# Expect the unexpected and be ready to take risks...



Watch Videos Online Hudson River Plane Landing (US Airways 1549) Animation with Audio [Veoh.com/url](http://Veoh.com/url)



Stony Brook **Medicine**





- Surviving is not good enough- Thriving is important
- Administrators can make decisions that affect different populations
- Cost is not everything-Quality matters
- Rapid change that we are not prepared for- Pediatricians are used to it
- Family Centered care-pediatrics was ahead of the curve
- The concept of Medical Home- pediatrics well adjusted
- Balancing the clinical vs education and research missions



Like any good wine, it is all about being proud of what we do.





- Adjust to the new environment-can be fun (GME, new technologies, etc.)
- Health System Partnerships offer a tremendous opportunity- building networks
- Making decisions that can affect many lives (although for me it has been very rewarding to impact one life at a time)
- Integrating innovation into daily management
- A gentle approach to management goes a long way- educate our peers



When it gets tough, just remember to hang on!



# Thank you!

